



PRINTABLE WORKSHEET

Three wishes

List of values:

Friendship, love, beauty, courage, discipline, listening, education, fairness, solidarity, environment, family, faithfulness, honesty, honour, justice, freedom, loyalty, sharing, patience, perseverance, fun, power, respect, success, health, safety, tolerance, work.

1

My value:

2

My value:

3

My value:



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Between me and myself!

My four strengths or qualities

1	3
2	4

My two imperfections

1	2
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What makes me feel good or brings me satisfaction:

What I find challenging:

