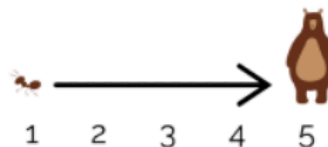
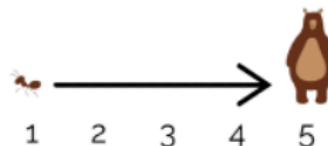


PRINTABLE WORKSHEET
Stressful or not?

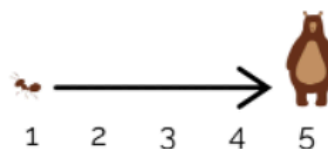
A final exam in mathematics



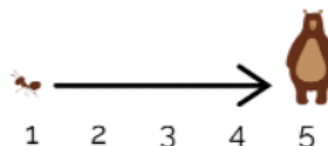
An argument with your parents



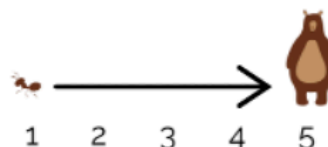
Drawing a blank during an oral presentation



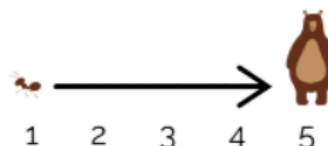
A conflict with your best friend



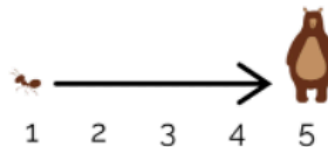
Arriving at your new high school



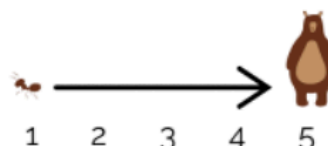
Being late to class



Eating alone at the cafeteria



Getting negative comments on social media



Losing someone close to you

