



... for parents

K4.5 FEATHERS AND ROCKS

You have an impact on others

Your child has taken part in an OFF-TRAIL workshop on communication. They came to understand that words, gestures and actions have an impact on others.

DID YOU KNOW?

The more sensitive and caring that adults are toward children and other adults, the more children learn to reproduce these attitudes. In this way, they develop empathy and learn to understand the impact of their words and actions on others.

NOW IT'S UP TO YOU!

Use the concept of “feather words” (which are gentle) and “rock words” (which are hurtful) at home. When your child tells you about situations that happened to them, or when you witness their interactions, ask them whether “feather words” or “rock words” were used, and what effect these words had on them and on others.

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