**Email – Audio summary**

Dear parents,

Your child has taken part in an OFF-TRAIL workshop at our school.

Click here to find out what your child learned in class: <https://sante-mentale-jeunesse.usherbrooke.ca/wp-content/uploads/2025/02/4.5x.mp3>

See you soon!

The school team, in collaboration with the Centre RBC d’expertise universitaire en santé mentale